



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting
held on May 21, 2019 at Richville Hotel, Mandaluyong City

RNC-NCR RESOLUTION NO. 01
Series of 2019

**RESOLUTION ENJOINING LOCAL GOVERNMENT UNITS TO STRENGTHEN
HEALTH SERVICE DELIVERY SYSTEM FOR THE FIRST 1000 DAYS PROGRAM**

WHEREAS, in 2017, the Regional Nutrition Committee has approved and disseminated to all Local Government Units (LGUs) the RNC Resolution No. 2, s 2017 entitled “Resolution Enjoining All LGUs to strengthen Programs and Projects in Support of the First 1000 Days by Allocating Funds and Other Purposes”;

WHEREAS, in 2018, the Regional Nutrition Committee has also approved and disseminated to all LGUs the RNC Resolution No. 2, s 2018 entitled “Resolution Mobilizing LGUs for the First 1000 Days (F1K)”;

WHEREAS, abovementioned resolutions enjoin all LGUs in the National Capital Region to focus the nutrition programs and projects for the First 1000 Days (F1K) by issuing local legislation/resolution supporting the F1K, formulating local nutrition action plans highlighting the F1K services, allocating funds, and monitoring and evaluating the implementation of the F1K Program;

WHEREAS, Republic Act 11148, “An Act Scaling up the National and Local Health and Nutrition Programs through a Strengthened Integrated Strategy for Maternal, Neonatal, Child Health and Nutrition in the First One Thousand (1,000) Days of Life” or the “*Kalusugan at Nutrisyon ng Mag-Nanay Act*”, strengthens the national and local health and nutrition programs for pregnant and lactating women, adolescent girls, infants and young children in the first 1,000 days;

WHEREAS, the Regional Plan of Action for Nutrition (RPAN) 2019-2022 of NCR provides the necessary focus on the First 1000 Days given its huge potential in addressing the major nutritional issues in the region;

WHEREAS, the Infant and Young Child Feeding (IYCF) and F1K Program of the RPAN aims to improve the delivery of services to all pregnant women to ensure healthy newborns and to lactating women to inculcate the practice of exclusive breastfeeding and complementary feeding with continued breastfeeding to infants 0 to 23 months by building and sustaining an enabling supportive environment in various settings;



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NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled, enjoins all LGUs to strengthen health service delivery system for the F1K Program by:

1. Intensifying pregnancy tracking and enrolment to pre-natal care services including nutrition counseling among pregnant women, through:
 - a. text blast or any other form of communication
 - b. outreach activities
 - c. workshop for health center teams for intensive pregnancy tracking
2. Promoting infant and young child feeding by:
 - a. training and deployment of IYCF peer counselors
 - b. training of health workers on IYCF counseling
 - c. supportive supervision
 - d. nutrition education classes using *Idol ko si Nanay* or other similar module, and including food demonstration on complementary feeding
 - e. promotion and advocacy on compliance to Milk Code (EO 51)
 - f. production and distribution of relevant information and education materials
 - g. conduct of activities for the Annual Breastfeeding Month (August)
 - h. Other promotional activities, e.g. signages like "Breastfeeding welcome here"
 - i. setting up of lactation stations in municipal/city hall and other public places
3. Conduct of dietary supplementation for:
 - a. pregnant women in the last trimester or for 90 days, with priority to poor pregnant women
 - b. children at least 6 months with the following prioritization:
 - b.1. infants 6-11 months old
 - b.2. children 12-23 months old
 - b.3. children 24-35 months old
4. Implementing the directly - observed supplementation (DOS) to ensure that micronutrient supplements for mothers (iron-folic acid tablets) and children (micronutrient powder) are consumed by recipients.
5. Building capacities for nutrition assessment like training of frontline workers and provision of measuring tools.

RESOLVED FURTHER, that the NNC-NCR Regional Office being the Secretariat of the RNC to furnish the NNC Central Office, all regional members of the RNC and all local government units in the region a copy of this resolution.




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APPROVED UNANIMOUSLY AND ADOPTED, this 21st day of May 2019 during the first regular meeting for the year of the Regional Nutrition Committee of NCR held at the Richville Hotel in Mandaluyong City.

Certified Correct:


MS. MILAGROS ELISA V. FEDERIZO, RND, MPH
*Regional Nutrition Program Coordinator, NNC-NCR
and Secretary, RNC*

Attested by:


CORAZON V. FLORES, MD, MPH
*Chair, Regional Nutrition Committee
Regional Director, Metro Manila Center for Health Development*